

VALUE MENU

3 Courses €20



STARTERS

BREAD & DIPS

Selection of House Baked Breads with Dips  

CHICKEN LIVER PATE

Rich & Smooth, with Toast & Cumberland Sauce   

BEEF BRISKET BON BON'S

24 Hr Slow Cooked Beef Brisket Wrapped up in a Breadcrumb Coat, Horseradish Dip  

SPICY WINGS

Roasted & Tossed in a Med to Hot Sauce with a Sweet chilli dip 

BRUSCHETTA

Tomato, Mushrooms, Onion, Mozzarella Cheese, Pesto & Balsamic  

SOUP OF THE DAY

Fresh Home Made Soup with Bread  

SALADS Starter or Main

KITCHEN GARDEN SUPER FOOD

Roasted Butternut Squash, Roast Sweet Potato, Beetroot, Lentils, Feta Cheese, Mixed Leaves & Citrus Dressing



WARM CHICKEN SALAD

Grilled Chicken on Mixed Leaves, Rustic Potatoes & a Light House Dressing     

MAINS

FILLET OF SALMON

Hollandaise Sauce, Creamed Potatoes & Mixed Vegetables

FISH CAKES

Salad, Fries or Home cut Chips & Chilli Jam

FISH & CHIPS

Market Fresh Fish, Pea Puree & Tartar Sauce

LEMON CHICKEN BREAST

Roast Chicken Breast, Puy Lentils, Roasted Tomatoes & Courgettes

CHICKEN OR VEG CURRY

Served with Rice, Mango Chutney Organic Yogurt & Poppadum

PENNE POLLO

Penne with Chicken, Mushrooms Onions & Basil in a Cream Sauce

CLASSIC IRISH BEEF BURGER

Tomato, Lettuce, Onion Tomato Relish & Chips,

CHICKEN FILLET BURGER

Tomato, Lettuce, Onion, Honey & Mustard Mayo & Chips

HALOUMI & MUSHROOM BURGER

Grilled Haloumi, Portabello Mushroom. Roast Peppers & Pesto

IRISH LAMB BURGER

Tomato, Lettuce, Onion, Tzatziki & Chips

LASAGNE

Layers of Pasta & Beef Bolognese Sauce, Topped with Cheese Served with Salad

8OZ SIRLION STEAK (€3.95 SUPP)

Mushroom, Onions, Peppered Sauce, Home Cut Chips

DESSERTS

MIXED FRUIT CRUMBLE

Sauce Anglaise

WARM APPLE PIE

with Fresh Cream

FRESH FRUIT SALAD

CHOCOLATE FUDGE CAKE

Caramel & Chocolate Sauce

Substitute Starter or Dessert for a Glass of Wine

VALUE MENU

MONDAY TO SUNDAY 5pm – CLOSE
{Jan – Nov}



OUR PHILOSOPHY

"With our emphasis on Freshness & Flavours our dishes are prepared using the best locally sourced ingredients"

Which is why we grow vegetables, herbs & fruit when in season at our kitchen garden. Check out our facebook page and see your food grow. www.facebook.com/robs.allotment

WE ARE ALSO SUPPLIED BY CORKS FINEST

ROB'S KITCHEN GARDEN
CHICKEN INN ENGLISH MARKET
K O'CONNELLS ENGLISH MARKET
TOM DURCAN ENGLISH MARKET
O'CRUALAGH BALLINCOLLIG
ALL FRESH LITTLE ISLAND

ORGANIC HERBS, VEGETABLES & FRUIT
FRESH IRISH CHICKEN
FRESH FISH
IRISH BEEF, PORK & SAUSAGES
IRISH ORGANIC BEEF, LAMB & BACON
FRESH VEGETABLES

If you have a food or drink allergy or intolerance, please inform a member of our Team.
The food allergens used in the preparation of our food can be viewed in the separate menu available at the counter.
Please ask a member of staff if you need additional information on food allergens'