

STARTERS & SALADS

SOUP OF THE DAY 4.95
Fresh Home Made Soup
WITH BREAD

SEAFOOD CHOWDER 6.95
Fresh Fish from O'Connell's, English Market

BREAD & DIPS 5.50
Selection of House Baked Breads
with Dips

CHICKEN LIVER PATE 6.95
with Toast & Cumberland Sauce

SPICY WINGS 6.95
Roasted & Tossed in a Spicy Sauce with a
Sweet Chilli Dip

CRISPY BEEF BRISKET BON BON 6.95
24 Hour Slow Cooked Brisket Wrapped up
in a Breadcrumb Coat with Horseradish Dip

BRUSCHETTA 5.95
Tomato, Mushrooms, Onion, Mozzarella
Cheese, Pesto & Balsamic

ANTIPASTO MISTO 8.95
Platter of Local and Italian Meats, Breads
& Pesto

CALAMARI FRITTI 7.95
Squid Rings with Smoked Chipotle Mayo

TIGER PRAWNS PIL PIL 9.95
Cooked in Olive Oil with
Garlic & Chillies with Dipping Bread

WARM CHICKEN
SALAD 8.95/12.95
Grilled Chicken on Mixed Leaves with
Rustic Potatoes & a Light House Dressing

PRAWN & CHORIZO
SALAD 11.95/14.95
Tiger Prawns & Sliced Chorizo Cooked in
Cajun Spices and Garlic with Peppers on a
mixed Leaf Salad

CAESAR SALAD* 6.95/9.95
Romaine Leaves, Croutons, Parmesan
Shavings & Caesar Dressing

KITCHEN GARDEN SUPERFOOD
SALAD* 8.95/11.95
Roast Butternut Squash, Roast Sweet
Potato, Beetroot, Lentils, Feta Cheese,
Mixed Leaves & Citrus Dressing

*ADD CHICKEN TO KITCHEN GARDEN
OR CAESAR SALAD €3 EXTRA

BURGERS

ALL BURGERS ARE SERVED IN A BRIOCHE BUN WITH LETTUCE, TOMATO, SLICE OF ONION, FRIES OR HOME CUT CHIPS

CLASSIC BEEF 11.95
Prime Beef With Tomato Relish

BACON & CHEESE BURGER 13.50
Prime Beef with Bacon & Cheese

DIRTY BURGER 13.95
Prime Beef, Pulled Pork & Cheese

BLACK AND BLUE 12.95
Prime Beef, Black Pudding, Caramelised Onion
& Melted Cashel Blue

CHICKEN FILLET 12.95
with Honey & Mustard Mayo

CLASSIC LAMB 12.95
with Feta & Tzatziki

FALAFEL BURGER 13.50
Homemade Falafel served in a Pita with Salad & Tzatziki

HALOUMI & MUSHROOM 12.95
Grilled Haloumi, Portobello Mushroom, Roast Peppers & Pesto

EXTRA TOPPINGS

Mozzarella Cheese 95	Pulled Pork 3.00	Sundried Tomatoes 1.50	Pepper Sauce 1.50
Blue Cheese 1.50	Grilled Bacon 1.50	Roast Peppers 1.20	Sliced Chorizo 1.50
Feta 1.50	Fried Egg 1.20	Sauté Onions 1.20	Garlic Butter 1.20

MAINS

8OZ SIRLION STEAK 19.95
Mushrooms, Onions, Home Cut Chips & Peppered Sauce

WARM BEEF SALAD €14.95
Warm Beef with Cashel Blue Cheese & Rustic Potatoes on Mixed
Leaves with House Dressing, Balsamic Glaze & Pesto

LEMON CHICKEN BREAST 16.95
Roasted Chicken Breast with Puy Lentils, Roasted Tomatoes and
Courgettes

FISH SPECIAL ASK SERVER/SEE BOARDS

FISH & CHIPS 14.95
Today's Market Fish with Pea Puree & Tartar Sauce

FISH & POTATO CAKES 14.95
Salad, Fries or Home Cut Chips & Chilli Jam

FILLET OF SALMON 16.95
Hollandaise Sauce, Creamed Potatoes & Seasonal Vegetables

GOOD OLD FASHIONED CURRY
Served with Rice, Mango Chutney, Yogurt & Poppadom

CHICKEN 13.95

BEEF 15.95

PRAWN 17.95

VEGETARIAN 13.95

BEEF LASAGNE 12.95
Layers of Pasta & Beef Bolognese Topped with Cheese
Sauce, Salad & Garlic Bread

PENNE POLLO 14.95
Penne with Chicken, Mushrooms, Onions and Basil
in a white wine & Cream Sauce

PENNE PRAWNS 15.95
Penne with Tiger Prawns, Chilli, Spring Onions,
Garlic & Pesto

PENNE PESTO 11.95
Penne with Green Beans, Rocket,
Cherry Tomatoes & Sundried Tomato Pesto

SIDES

HOME CUT CHIPS 3.50	GARLIC BREAD & CHEESE 3.50	CREAMED POTATOES 2.95
STRING FRIES 2.95	MIXED VEGETABLES 3.50	BASKET OF BREAD 3.50
WILTED SPINACH 3.95	HOUSE SIDE SALAD 3.50	
GARLIC BREAD 2.95	SWEET POTATO FRIES 4.50	







IF YOU HAVE A FOOD OR DRINK ALLERGY OR INTOLERANCE PLEASE INFORM A MEMBER OF OUR TEAM. THE FOOD ALLERGENS
USED IN THE PREPARATION OF OUR FOOD CAN BE VIEWED IN THE SEPARATE MENU AVAILABLE AT THE COUNTER.

WINE MENU

WHITE WINE

							
1. DE GRAS SAUVIGNON BLANC CHILE <i>Lean, grassy and zippy, deliciously fresh green pepper and herb finish.</i>	5.50	16.50	21.50	6. GAVI DI GAVI LA TOLEDANA, DOMINI VILLA LANATA ITALY <i>Soft, characteristic aroma with scents of fresh fruit and white flowers. Dry but refreshing, well balanced.</i>			31.50
2. THE GOURMET CHARDONNAY AUSTRALIA <i>Fruit-driven Chardonnay, unoaked with zesty, citrusy fruit and a structure made for food.</i>	5.95	17.85	22.50	7. PICPOUL DE PINET, DOMAINE SAINTE-ANNE FRANCE <i>Citrusy white made from the Picpoul grape. Soft, delicate nose with pleasant hints of acacia. Delicate and fresh</i>			28.00
3. CORTE VIGNA PINOT GRIGIO ITALY <i>A light, dry, floral style wine with racy balanced fruit.</i>	6.00	18.00	23.50	8. LA CAMPAGNE CHARDONNAY FRANCE <i>Medium-bodied with a clean crisp apple taste. Refreshing on the palate and crisp finish.</i>			24.00
4. VIDAL ESTATE SAUVIGNON BLANC NEW ZEALAND <i>Refreshingly crisp, with Characteristics of citrus and tropical fruits, Lively Acidity.</i>	6.50	19.50	28.50	9. LEIRAS ALBARIÑO, RÍAS BAIXAS SPAIN <i>Exhibits fresh green apple and citrus aromas with a pinch of spice on a dry, minerally palate.</i>			32.00
5. FRASCATI SUPERIORE, BOTTER ITALY <i>Medium-dry with a nice nutty taste. A good white to have with pizza.</i>			27.00	10. KLEINE ZALZE BUSH VINES CHENIN BLANC STELLENBOSCH SOUTH AFRICA <i>Ripe, tropical fruit flavours with a soft, round finish.</i>			25.50







PROSECCO | CHAMPAGNE

							
11. BOTTER, BORGO, PROSECCO ITALY <i>A wonderful Italian sparkler with good length, fresh and vibrant with a delicate crisp finish.</i>			29.00	13. CAVA SPAIN <i>Lively Vivacious Sparkle, Harmonious & Appetising with a Rounded Elegant Taste</i>			35.00
12. PROSECCO BOLLO SNIPES ITALY <i>Appealing ripe fruit on the nose with hints of apple, pear and peach.</i>	9.50			14. PIPER HEIDSIECK BRUT RESERVE FRANCE <i>Soft and creamy but still delightfully dry, flavours of honey and strawberries, floral and vanilla notes</i>			80.00







ROSE

			
15. CORTE VIGNA PINOT GRIGIO ROSE ITALY <i>Off-dry, delicate and fresh with attractive strawberry and cherry flavours</i>	5.95	17.85	22.00

RED WINE

							
16. DE GRAS MERLOT CHILE <i>Restrained blackberry fruit backed by a crisp finish.</i>	5.50	16.50	21.50	21. CHIANTI CLASSICO, BOTTER ITALY <i>An Italian classic full of burnt cherry flavours. Unbeatable with pasta or any Italian dish.</i>			26.00
17. THE GOURMET CABERNET SAUVIGNON AUSTRALIA <i>Shows blackcurrant leaf and sweet, ripe fruit and an unoaked and light finish.</i>	5.95	17.85	22.50	22. BARBERA D'ASTI SUPERIORE, CASA SANT'ORSOLA ITALY <i>Indigenous Barbera ensures this delightful spicy mellowness and black cherry richness.</i>			28.50
18. MONTEPULCIANO D'ABRUZZO, COLLEZIONE MARCHESINI ITALY <i>A rich red wine with spicy fruit and firm tannins.</i>	6.50	19.50	24.50	23. LA CAMPAGNE MERLOT FRANCE <i>Juicy red berry fruit flavours, a ripe character with a touch of spice.</i>			23.50
19. FINCA LA LINDA MALBEC ARGENTINA <i>This varietal shows great typicity & modern profile. Velvety, elegant with a good structure & volume.</i>	6.50	19.50	24.50	24. BERRI ESTATE SHIRAZ AUSTRALIA <i>Full-bodied and smooth with dark berry flavours. Very rich in texture and style.</i>			24.00
20. BERONIA CRIANZA SPAIN <i>Beautifully balanced wine with ripe fruit flavours. Ideal with tapas or any tomato dish.</i>	7.50	22.50	29.50	25. KLEINE ZALZE PINOTAGE, STELLENBOSCH SOUTH AFRICA <i>A deep fruity nose and a rich berry flavour with light tannins.</i>			27.50

ORGANIC WINE

							
26. VINUVA ORGANIC PINOT GRIGIO PAVIA ITALY <i>Light, delicately flavoured, refreshingly dry with hints of apple.</i>			26.50	28. SOLEUS SAUVIGNON BLANC CHILE <i>Organic white that is a pleasure to drink. Medium-dry, zesty and fresh.</i>			25.50
27. SOLEUS MERLOT CHILE <i>Organic wine produced by MontGras. A good wine to have with light dishes.</i>			25.50				

"OUR PHILOSOPHY - WITH OUR EMPHASIS ON FRESHNESS & FLAVORS, OUR DISHES ARE PREPARED USING THE BEST LOCALLY SOURCED INGREDIENTS"

"Which is why we grow vegetables, herbs & fruit when in season at our own Kitchen Garden's. Check out our facebook page and see your food grow. www.facebook.com/robs.allotment

WE ARE ALSO SUPPLIED BY CORKS FINEST

CHICKEN INN
K O'CONNELLS
TOM DURCAN

ENGLISH MARKET
ENGLISH MARKET
ENGLISH MARKET

FRESH IRISH CHICKEN
FRESH FISH
IRISH BEEF, PORK & SAUSAGES

O'CRUALAGH
ALL FRESH
14A ALLOTMENT

BALLINCOLLIG
LITTLE ISLAND
ROB'S KITCHEN GARDEN

IRISH ORGANIC BEEF, LAMB & BACON
FRESH VEGETABLES
ORGANIC HERBS, VEGETABLES & FRUIT